Tz’utujil People Cultural Exchange in Guatemala

12-Day Guided Program with Community-driven Project

In Partnership Since 2019

Experience daily life in Guatemala and learn about Mayan history and culture by living with a Tz’utujil host family. In partnership with a community-based organization, contribute to a community project such as building accessible bathrooms, office renovations, or planting an organic garden. You’ll also experience the natural wonders of the area in an excursion to Volcán de Pacaya! You’ll be accompanied by an Xperitas Team Leader, who will take care of logistics and facilitate daily group reflection and journal-writing.

Features & Inclusions

- ROUND-TRIP AIRFARE
- OVERNIGHT ACCOMMODATIONS
- IN-COUNTRY TRANSPORTATION
- INSURANCE
- 24/7 EMERGENCY SUPPORT WHILE ABROAD

Trip Overview

12 DAYS STAFF-GUIDED
WITH FAMILY STAY FROM $3399

What Others Are Saying

“I believe that I have gained a deeper cross-culture perspective because I got to witness first hand the traditions and everyday life of the community.” — Student

“Well organized, safe, fun.” — Chaperone

Visit xperitas.org for pricing and more information.
About the Community
Sprawling lakes and tortillas fresh off the comal. Mysterious ancient ruins and spectacular volcanic landscapes. And don’t forget to try the coffee and chocolate! All this and more await you in Guatemala. Over half of Guatemalans today are descendants of Mayans, and their colorful culture lives on in the language, food, and cultural practices of this Central American nation. Xperitas partners with a community-based nonprofit working on behalf of indigenous people with disabilities in the Lake Atitlán region.

DAY 1 | Departure
Welcome to Guatemala! Your Xperitas Team Leader will meet you at the airport in Guatemala City. Transfer to your hotel in Antigua and enjoy your first group dinner and team meeting. D

DAY 2 | Antigua
Transfer from Antigua to Panajachel, where you’ll take a short boat ride across Lake Atitlán to the Tz’utujil community of San Juan La Laguna. Your host family will be waiting to welcome you. B L D

DAYS 3-9 | Family Stay
Under the leadership of a community-based nonprofit, collaborate on a project such as building accessible bathrooms, office renovations, or planting an organic garden. Build relationships with community members by working alongside them on the project. Explore San Juan and deepen your understanding of Tz’utujil culture by participating in an indigenous weaving workshop, learning how locally grown cacao is transformed into sweets at a chocolate shop, observing a Mayan ceremony, and climbing Cerro de la Cruz for an incredible view of the lake and its surrounding Mayan communities. Each day, enjoy traditional Guatemalan meals with your host family and reflect on your experiences in team meetings and the group journal. On your last day, have a final celebration with community members. B L D

DAY 10 | Antigua
Say goodbye to your new friends in San Juan La Laguna and return to Antigua. Explore Antigua and participate in a team meeting. B L D

DAY 11 | Antigua
Lace up your shoes to hike Volcán de Pacaya, an active volcano with stunning views. Reflect on the day later in your final team meeting. B L D

DAY 12 | Return
The order of this itinerary is subject to change.

Non-Profit | Since 1972 | 100 Host Communities & Growing
Xperitas is a community of lifelong learners who believe in a world built on deeper understanding between cultures. Our values are reflected in our commitment to inspiring personal connections with diverse individuals, elevating relationships over projects and providing a channel for indigenous voices and perspectives. We are dedicated to promoting global citizenship through authentic immersion experiences.