Aventuras Ticas
10-Day Guided Language Immersion Program in Costa Rica

Immerse yourself in tico life and natural history. Begin your adventure by meeting your host family and experiencing everyday living in Costa Rica (2-3 students per family). Then rejoin your group to tour a local farm, hike the rainforest, visit a volcano and explore the natural wonders of this lush paradise.

Features & Inclusions
- ROUND-TRIP AIRFARE
- OVERNIGHT ACCOMMODATIONS
- IN-COUNTRY TRANSPORTATION
- INSURANCE
- 24/7 EMERGENCY SUPPORT WHILE ABROAD

What Others Are Saying
“My family was so welcoming, and I learned so much being included in the small activities of their daily life. I miss them already!” — Katherine S., Brookfield, WI

“I loved how this trip seemed to open my son’s eyes to different cultures and gave him a sense of accomplishment with his use of his language skills.”
— Laura M., Granby, CO

Visit xperitas.org for more photos, stories and pricing information.
Trip Itinerary

DAY 1 | San José
Arrive in San José, transfer to your hotel.

DAY 2 | Sarapiquí Family Stay
Begin your day with a refreshing hike through Poás Volcano National Park. After lunch continue on to Sarapiquí, where you will spend the next three days with your tico host family. B L D
Note: 2-3 students will be placed per family on this program.

DAY 3 | Sarapiquí Family Stay
Take in your surroundings as you experience the thrill of whitewater rafting. B L D

DAY 4 | Sarapiquí Family Stay
Explore the trails and hanging bridges of Tirimbina Reserve. Later, enjoy una mejenga (a pickup soccer game) with your host community! B L D

DAY 5 | Arenal
Greet the day with a cacao tour to learn how chocolate is made. Then, bid farewell to your tico hosts and travel to Arenal volcano. Stop at a secluded waterfall, where you’ll hike down to the refreshing pool below. Unwind from your fun-filled day with a relaxing dip in the area’s natural hot springs. B L D

DAY 6 | Arenal
Head to an organic tropical farm, where you will get to work with local farmers. Learn about tropical crops, milk cows, squeeze sugar cane juice and more. Jobs are based on the current needs of the farm at the time of travel. Later, zip line through the vast jungle canopy! B L D

DAY 7 | Manuel Antonio
On your way to the coast, visit a typical school and meet Costa Rican kids just like you. B

DAY 8 | Manuel Antonio
Visit the lovely Manuel Antonio National Park, one of the country’s most popular national parks due to its unique mix of beaches, tropical forest and abundant wildlife. Here you will have up-close views of white-faced capuchin and squirrel monkeys, sluggish sloths and black iguanas. B L

DAY 9 | San José
Explore the local town of Manuel Antonio and enjoy time at the ocean before returning to San José for a guided walking tour in Costa Rica’s capital city. B

DAY 10 | Return
Depart for the U.S. with a lifetime of memories! B

B Breakfast  |  L Lunch  |  D Dinner

Non-Profit | 47 Years of Experience | 100 Host Communities & Growing
Xperitas is a community of lifelong intercultural learners who believe in a world built on deeper understanding between cultures. Our values are reflected by our commitment to increasing accessibility to language immersion programs. We provide aid and merit-based scholarships to qualified participants. Xperitas also achieves this goal by providing grants to schools, better helping to promote global communication through language learning.

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The order of this itinerary, and all itinerary items, are subject to change based on unforeseen circumstances that may arise prior to or during international travel.